

## ABSTRACT OF THE DISCLOSURE

A data structure, method and protocol wherein synchronization data indicative of a data frame delineation point is inserted within an inter-packet gap (IPG) proximate a data frame during transmission. Optionally, a cyclical redundancy check (CRC) length indicative 5 data, pointer data, and other data is inserted within the IPG to further insure appropriate delineation of data frames within a data stream.

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